



In this unit you are going to learn about

- vocabulary cleansing and hygiene tools and materials
- instructions, must, do/don't
- speaking - listening
- reading

Activity 1 - Vocabulary activities

a Which of the hygiene tools and materials below have you used in the last few weeks? Tick them.



b Match the photos above with the words below. Which ones aren't illustrated? Translate each into Turkish.

cotton	apron	gloves	sterilise	ultra-violet light	disposal	cleanse
_____	_____	_____	_____	_____	_____	_____
sponge	dry, heat sterilisers	tissues	first-aid	infection	disinfect	washing
_____	_____	_____	_____	_____	_____	_____
rinsing	soap	pads	swabs	towel	ultra-sonic cleansers	alcohol
_____	_____	_____	_____	_____	_____	_____

c Listen and check pronunciation. Then repair each word/phrase clearly.

Activity 2

Practise with your partner. Use each of the words/phrases in Activity one.

Ex:

a - What do you need when your hands are dirty?



b - Soap, water and a towel.





Activity 3

Listen to Zura and match the correct phrase or word to the correct speaker.

ultra violet light
 steriliser
 soap
 gloves
 disinfectant



- 1-Speaker A _____
- 2-Speaker B _____
- 3-Speaker C _____
- 4-Speaker D _____
- 5-Speaker E _____



Activity 4

Complete the sentences below with the correct form of the words in the box.

towel tissues swabs rinse cotton

- 1 If any contact with eyes _____ with a lot of water.
- 2 Use the _____ to dry your hands.
- 3 Clean her make-up with some warm water and _____.
- 4 You need some _____ to dry up the liquid.
- 5 Put the mask under the eyes by using _____.

Interesting facts:

- An average woman eats about 2-3 kilos of lipstick in her life time.
- The human body is home to some 1000 species of bacteria.
- Anti-bacterial soap is not effective at preventing infection and triclosan (the active ingredient) can mess with your sex hormones.
- 'Hygiene' comes from Hygieia, the Greek goddess of health and cleanliness.



Activity 5

Look at the pictures and tell your partner which hygiene material would you use

1



2



3



4



5





Activity 6 - Giving Advice

Use 'should' or 'shouldn't'.

1. She has skin problems. She _____ see a dermatologist.

3. You _____ go under the sun because of sun damage.

5. You _____ use oily products because your skin is oily.

6. You _____ be exposed to the sun because it can cause hyper pigmentation.

8. You _____ eat lots of fruit and vegetables for healthy skin.

10. You _____ drink alcohol if you want to stay healthy.

2. She's got wrinkles. She _____ use an anti-ageing cream.

4. You _____ drink lots of water because of dehydration risk.

5. You _____ use a moisturizer, especially after washing, because your skin is dry.

7. You _____ smoke if you want to protect your skin.

9. You _____ eat fast food to often.



Activity 7

a Listen and check.

b Practise with your partner. Check your partner and give some advice.



Activity 8

Look at Activities 1 and 2 again. List some general advice you could give to your future customers.

- _____
- _____
- _____
- _____
- _____
- _____



Activity 9

Listen to Zura and tick the advice below she uses.



- 1. In the beautician salon you should listen to good music.
- 2. In the beautician salon you should be nice to the customer!
- 3. In the beautician salon you shouldn't shout at the customer!
- 4. In the beautician salon you should wear galosh and gloves!
- 5. In the beautician salon you should help the customer with her skin problems!
- 6. In the beautician salon you should be clean!
- 7. In the beautician salon you should keep the tools strelised.
- 8. In the beautician salon you should wash your hands!
- 9. In the beautician salon you shouldn't break any stuff!



Activity 10 - Hygiene Equipment

Listen to five people talking about their lives. Match the speakers with the hygiene tools.

- frimator
- comedon
- vapour ozone
- high-frequency device
- magnifying lamp (loop)
- vac spray
- skin-analysis device
- lontophoresis
- lifting device
- combined skin care device
- wood lamp
- ozone therapy
- hydrro chloryl
- cleansing tonic
- skin-care bulbs

- 1-Speaker A _____
- 2-Speaker B _____
- 3-Speaker C _____
- 4-Speaker D _____
- 5-Speaker E _____



Activity 11

Put the 12 rules under the correct heading. Write the number of each one.

Beautician salon rules

Customer relation	Make-up	Massage	Beauty Salon	Hygiene

1. You should keep hygiene devices away from children.
2. You should avoid contact with eyes any hygiene material.
3. You should wash your hands with soap.
4. You should wear overshoes (galoshes).
5. You should take your customer's skin analysis.
6. You shouldn't eat in the beautician salon.
7. You shouldn't be late for your appointment.
8. You should celebrate your customer's birthday.
9. You should be polite.
10. You should wear gloves while working.
11. You should take notes on your customers.
12. You shouldn't speak loudly in the beautician salon.