

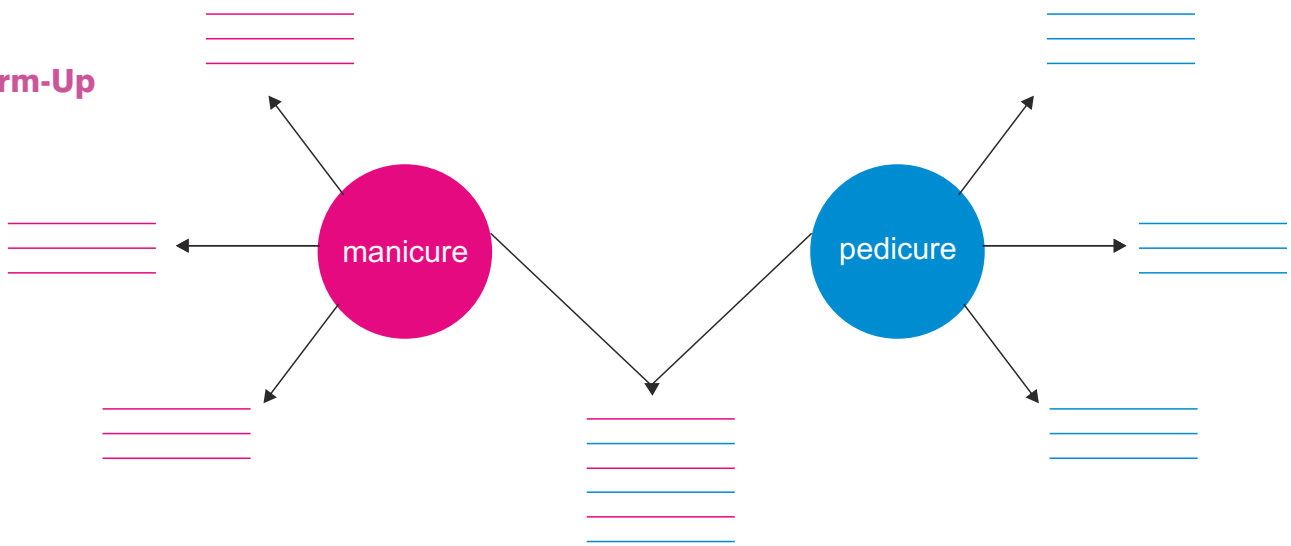
Manicure, Pedicure, Nail Art



In this unit you are going to learn about

- manicure, pedicure, nail art

Warm-Up



Activity 1

Listen to Zura. Which tools is she talking about?



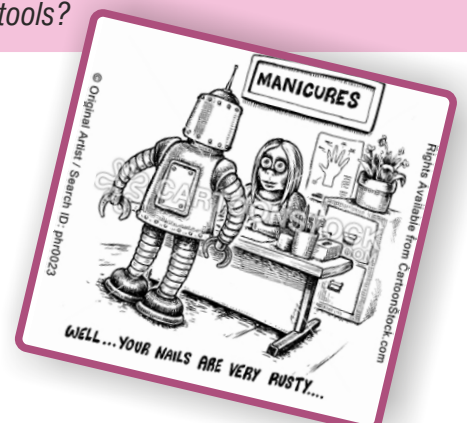
- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____



Activity 2

Make words from the jumbled letters below. Each word is related to manicure tools?

- 1- ote acarsp _____
- 2- eprsilc _____
- 3- eulg _____
- 4- nocott _____
- 5- oitonlo _____



Interesting facts about nails:

- Men's nails grow faster than women's.
- Toe nails are twice as thick as finger nails.
- The fastest growing nail is on the middle finger. The slowest is on the thumbnail.
- The longest finger nail recorded was that of an Indian man and it was 60cm long.
- Nail manicure is an ancient activity. It dates back 4000 years ago.



Activity 3

Match the manicure/pedicure tools with their pictures.

- 1- nail polish
- 2- finger bath
- 3- imitation jewels
- 4- hand cream
- 5- nail file
- 6- cotton
- 7- cuticle pusher
- 8- hand towel
- 9- nail dryer
- 10- orange stick



Activity 4

Apply manicure to your partner. As you are doing it, tell your partner what you are doing.

e.g. I'm $\left\{ \begin{array}{l} \text{removing your old varnish.} \\ \text{cleaning your nails.} \end{array} \right.$

Manicure Steps

Put the manicure steps in order.

- Clean up rough edges.
- Push back your cuticles.
- Apply the nail polish topcoat.
- Clip, file and buff your nails.
- Put your hands in the water again and wait for a while.
- Remove current nail polish (if any).
- Apply the nail polish base coat.
- Moisturise your hands.
- Put your hands in warm water (some conditioner can be added).
- Apply the second coat of colour nail polish.
- Exfoliate your hands.
- Apply the first coat of colour nail polish.

Step ___
Step ___
Step ___
Step ___
Step ___
Step ___
Step ___
Step ___
Step ___
Step ___
Step ___



Activity 5

Watch the manicure video online available at <http://www.youtube.com/watch?v=0AdQ7y-1Qs>. Write the steps. Discuss with your teacher about the different application above.

- | | |
|----|----|
| 1- | 5- |
| 2- | 6- |
| 3- | 7- |
| 4- | 8- |

Pedicure Steps



Activity 6

Put the pedicure pictures in the correct order. Then write the steps as in activity 4 for manicure. Check with your teacher.



- | | |
|----------|----------|
| 1- _____ | 6- _____ |
| 2- _____ | 7- _____ |
| 3- _____ | 8- _____ |
| 4- _____ | 9- _____ |
| 5- _____ | |



Activity 7

Watch the pedicure video online available at <http://www.youtube.com/watch?v=GSB3SIh0K0Q>. Write the steps. Discuss with your teacher about the different application above.

- 1-
- 2-
- 3-
- 4-

- 5-
- 6-
- 7-
- 8-



Activity 8

Ask your partner:

What shape of nail would you like to have?
Your customer might not be sure 'what shape'. Give some choices.



How would you like to have your nails?
Round, square, soft square, long, short?

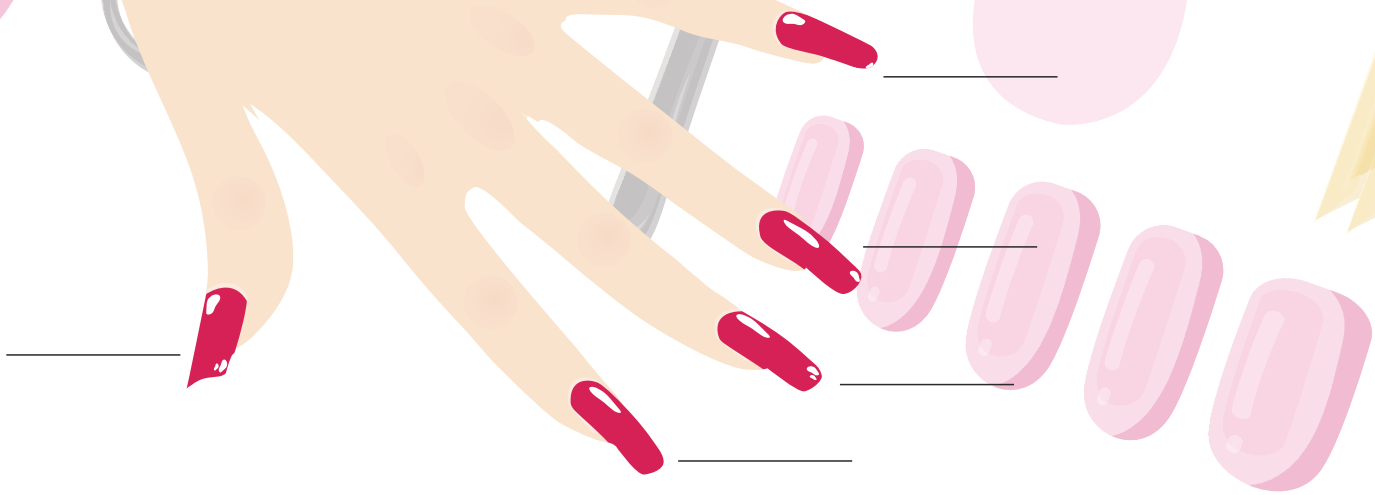


Activity 9

Write the names of each finger.

Fingers: el parmaklari - index finger, ring finger, small finger, thumb, middle finger

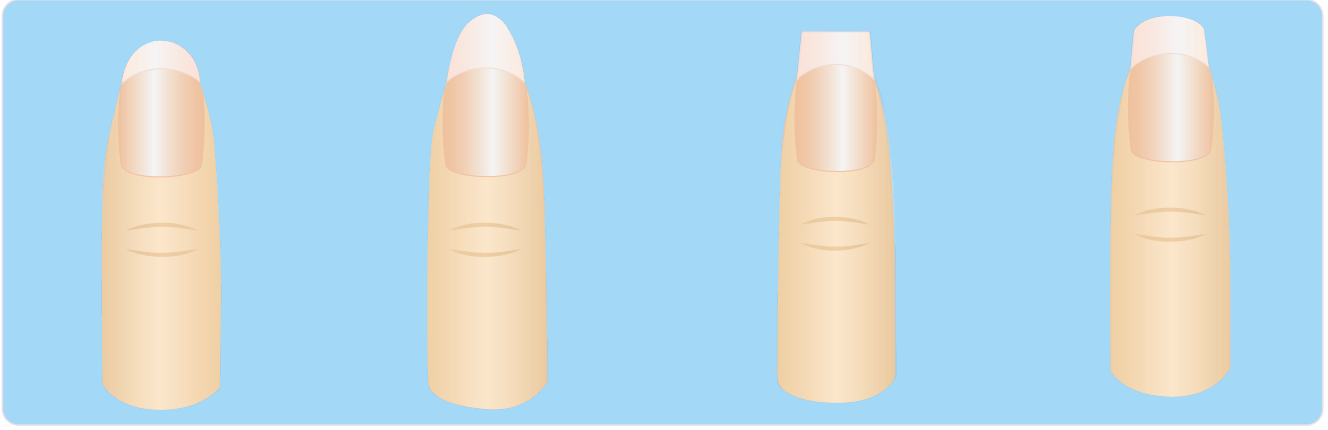
Toes: ayak parmaklari





Activity 10

Look at the pictures and write the correct nail shape.



NAIL ART

There are two popular artificial nail types: gel and acrylic nails.



The difference between acrylics and gel is that acrylic dries by itself but gel needs UV light to dry.

Artificial nails are also known as fake nails, fashion nails, nail enhancements. To extend nails, 'tips' and 'forms' are used.

tip: uç
form: yapay/yapılandırma



Activity 11

Put the words under the correct heading.

print: baskı
base coat: astar
varnish: cila
nail dotters: tırnak noktalayıcı
star: yıldız
plain: sade
sand effect: kum etkisi
cracked effect: çatlak etkisi
smart: şık

animal prints, red, heart, nail file, UV top coat, round, nail polish, organic solvent, short, base coat, nail varnish, glitters, moon, matt black, nail art pen, piercing, diamonds, yellow, brushes, nail dotters, soft pink, stars, nail strippers, soft square, long, stickers, plain, shiny blue, beads, French, dots, sand effect, rainbow, cracked effect, smart

Colour	Shape	Pattern	Extra Material	Tool	Verb



Activity 12

Read each description and draw the nail as you like.

1. Black animal prints on the nail; short and square nails. The base is red.
2. There are three little white flowers. There are lines below each flower. The nails are French soft square and long.
3. Pink glitters on the left of the nail on a French design. There is a moon shaped one-line diamond on long round nails.

Then compare your drawings with your partner's.

Do-it-yourself (DIY), is a new concept of doing nail art without the aid of experts or professionals. Several brands have developed products to enable high-quality results at affordable prices.



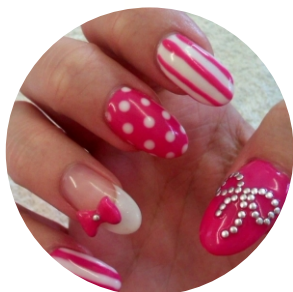


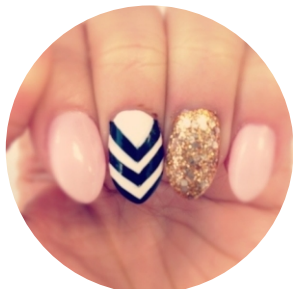
Activity 13

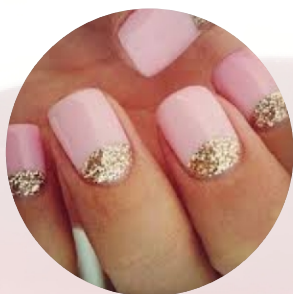
Look at the nail pictures below and write a description.











Now read your descriptions to your partner.



Activity 14

Watch a video about nail art and tell your partner tips and designs at <http://www.youtube.com/watch?v=T8v77UZTrh4>. Write them down.



Activity 15

Read along the dialogue below about nail art. Then, write your partner, beside on the missing words.

Hello, how are you today?

How would you _____ your nails today?

Do you want them _____ or _____?

OK. That's better for design. How about the shape?

OK, great. Have you thought about the rest of the design?

What _____ would you like to have your _____?

let me show you the _____ we have.

Would you like to have French or plain?

I can make some little _____ and put a _____ on the ring finger. Is that OK?

We can change, if you don't like the first finger.

Very well, thanks.

I'm not really sure.

Oh, er, _____ please.

Can I have _____, please.

Yes, can I have something glittery please?

I'm not _____.

That would be great! Thank you.

_____ please.

That's great.

OK, thank you very much.



Activity 16

Listen the dialogue in Activity 15 and check.